

## September 2024 - Chesapeake

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FS- Freestyle SP- Skills Practice LTS- Learn to skate Level Req Classes <b>Changes in Bold/black</b>	<b>2</b> FS 240-340 FS 340-440 FS 440-540 <b>FS 540-710</b> <b>No Skating Skills</b> <b>No Synchro</b>	<b>3</b> FS 10-11am FS 11am-12pm FS 250-350 FS 350-450 FS 450-550 Off-ice Class 6-630	<b>4</b> Off-ice Class 315-345 FS 4-530 LTS 540-610 SP 610-640 Aspire 610-710	<b>5</b> FS 10-11am HS Class 1030-11 FS 11am-12pm FS 250-350 FS 350-450 FS 450-550 Off-Ice Stretch Class 600-630	<b>6</b> FS 240-340 FS 340-440 FS 440-540 Intro Aspire 540-610 SP 540-610 Synchro 610-710	<b>7</b> FS 750-850 FS 850-950 LTS 950-1050 SP 950-1050 Spin Class 1050-1120 Adult Synchro 1120-1150
<b>8</b>	<b>9</b> FS 240-340 FS 340-440 FS 440-540 Skating Skills 540-610 Synchro 610-710	<b>10</b> FS 10-11am FS 11am-12pm FS 250-350 FS 350-450 FS 450-550 Off-ice Class 6-630	<b>11</b> Off-ice Class 315-345 FS 4-530 LTS 540-610 SP 610-640 Aspire 610-710	<b>12</b> FS 10-11am HS Class 1030-11 FS 11am-12pm FS 250-350 FS 350-450 FS 450-550 Off-Ice Stretch Class 600-630	<b>13</b> FS 240-340 FS 340-440 FS 440-540 Intro Aspire 540-610 Mini Aspire Synchro 540-610 <b>No SP 540-610</b> Synchro 610-710	<b>14</b> FS 750-850 FS 850-950 LTS 950-1050 SP 950-1050 Production 1050-1120 Adult Synchro 1120-1150
<b>15</b>	<b>16</b> FS 240-340 FS 340-440 FS 440-540 Skating Skills 540-610 Synchro 610-710	<b>17</b> FS 10-11am FS 11am-12pm FS 250-350 FS 350-450 FS 450-550 Off-ice Class 6-630	<b>18</b> Off-ice Class 315-345 FS 4-530 LTS 540-610 SP 610-640 Aspire 610-710	<b>19</b> FS 10-11am HS Class 1030-11 FS 11am-12pm FS 250-350 FS 350-450 FS 450-550 <b>No Off-ice Stretch                      Class</b>	<b>20</b> FS 240-340 FS 340-440 FS 440-540 Intro Aspire 540-610 Mini Aspire Synchro 540-610 Synchro 610-710	<b>21</b> FS 750-850 FS 850-950 LTS 950-1050 SP 950-1050 Production 1050-1120 Adult Synchro 1120-1150
<b>22</b>	<b>23</b> FS 240-340 FS 340-440 FS 440-540 Skating Skills 540-610 Synchro 610-710	<b>24</b> FS 10-11am FS 11am-12pm FS 250-350 FS 350-450 FS 450-550 Off-ice Class 6-630	<b>25</b> Off-ice Class 315-345 FS 4-530 LTS 540-610 SP 610-640 Aspire 610-710	<b>26</b> FS 10-11am HS Class 1030-11 FS 11am-12pm FS 250-350 FS 350-450 FS 450-550 <b>No Off-ice Stretch                      Class</b>	<b>27</b> FS 240-340 FS 340-440 FS 440-540 Intro Aspire 540-610 Mini Aspire Synchro 540-610 Synchro 610-710	<b>28</b> FS 750-850 FS 850-950 LTS 950-1050 SP 950-1050 Production 1050-1120 Adult Synchro 1120-1150
<b>29</b>	<b>30</b> FS 240-340 FS 340-440 FS 440-540 Skating Skills 540-610 Synchro 610-710					