

## AUGUST 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FS- Freestyle SP- Skills Practice LTS- Learn to skate	<b>1</b> FS- 240-340 FS- 340-440 FS- 440-540 Moves - 540-610 *Off/ice Jump Class 610-640	<b>2</b> Freestyles: 250-350 350-450 450-550	<b>3</b> Freestyle 4-530 Learn to Skate 540-610 Aspire 610-710 SP 610-640	<b>4</b> Freestyles: <b>320-420</b> <b>420-520</b> <b>520-620</b>	<b>5</b> Freestyles: 240-340 340-440 440-610	<b>6</b> LTS 1020- 1120 SP 1020-1050 SP 1050-1120 <b>Synchro</b> 1120-1150 <b>Fit Skate</b> 1150-1220 FS 1230-200
<b>7</b>	<b>8</b> FS- 240-340 FS- 340-440 FS- 440-540 Moves - 540-610 *Off/ice Jump Class 610-640	<b>9</b> Freestyles: 250-350 350-450 450-550	<b>10</b> Freestyle 4-530 Learn to Skate 540-610 Aspire 610-710 SP 610-640	<b>11</b> Freestyles: <b>320-420</b> <b>420-520</b> <b>520-620</b>	<b>12</b> Freestyles: 240-340 340-440 440-540 540-610 Intro Aspire SP:540-610	<b>13</b> LTS 1020- 1120 SP 1020-1050 SP 1050-1120 <b>Synchro</b> 1120-1150 <b>Fit Skate</b> 1150-1220 <b>No Freestyle</b>
<b>14</b>	<b>15</b> FS- 240-340 FS- 340-440 FS- 440-540 Moves - 540-610 *Off/ice Jump Class 610-640	<b>16</b> Freestyles: 250-350 350-450 450-550	<b>17</b> Freestyle 4-530 Learn to Skate 540-610 Aspire 610-710 SP 610-640	<b>18</b> Freestyles: <b>320-420</b> <b>420-520</b> <b>520-620</b>	<b>19</b> Freestyles: 240-340 340-510 <b>No Intro To Aspire</b>	<b>20</b> LTS 1020- 1120 SP 1020-1050 SP 1050-1120 <b>Synchro</b> 1120-1150 <b>Fit Skate</b> 1150-1220 FS 1230-200
<b>21</b>	<b>22</b> FS- 240-340 FS- 340-440 FS- 440-540 Moves - 540-610 *Off/ice Jump Class 610-640	<b>23</b> Freestyles: 250-350 350-450 450-550	<b>24</b> Freestyle 4-530 Learn to Skate 540-610 Aspire 610-710 SP 610-640	<b>25</b> Freestyles: <b>320-420</b> <b>420-520</b> <b>520-620</b>	<b>26</b> Freestyles: 240-340 340-440 440-540 540-610 Intro Aspire SP:540-610	<b>27</b> LTS 1020- 1120 SP 1020-1050 SP 1050-1120 <b>Synchro</b> 1120-1150 <b>Fit Skate</b> 1150-1220 FS 1230-200
<b>28</b>	<b>29</b> FS 240-340 FS 340-440 FS 440-540 Moves - 540-610 *Off/ice Jump Class 610-640	<b>30</b> Freestyles: 250-350 350-450 450-550	<b>31</b> Freestyle 4-530 Learn to Skate 540-610 Aspire 610-710 SP 610-640			