

EVENT #			warmup length (in minutes)	# warmups	# of Skaters			2024 CRC Kickoff - TENTATIVE SCHEDULE 3/30/2024	
								Friday	
	12:00 PM							Practice	
	12:20 PM							Practice	
	12:40 PM							Resurface	
	12:55 PM							Anthem	
101	1:00 PM	1:30 PM	5	1	7	IJS		Excel Preliminary Plus Girls A	
102	1:30 PM	2:05 PM	5	1	7	IJS		Excel Preliminary Plus Girls B	
103	2:05 PM		4	1	3	6.0		Aspire 4 Girls A	
104		2:30 PM			4	6.0		Aspire 4 Girls B	
105	2:30 PM	3:00 PM	5	1	6	IJS		Excel Preliminary Girls A	
106	3:00 PM	3:35 PM	5	1	7	IJS		Excel Preliminary Girls B	
	3:35 PM							Singles Practice	
	3:55 PM							TOI Practices	
	4:15 PM							Resurface	
107	4:30 PM	4:55 PM	5	1	5	IJS		Excel Pre-Preliminary Girls A	
108	4:55 PM	5:20 PM	5	1	5	IJS		Excel Pre-Preliminary Girls B	
109	5:20 PM	5:45 PM	5	1	5	IJS		Excel Pre-Preliminary Girls C	
110	5:45 PM	5:50 PM			1	CJS		TOI Preliminary CE	
111	5:50 PM	5:55 PM			1	CJS		TOI Juvenile CE	
112	5:55 PM	6:05 PM			1	CJS		TOI Junior CE	
	6:05 PM							TOI Practice	
	6:15 PM							Resurface	
113	6:30 PM		6	1	1	IJS		Novice Men SP	
114		6:50 PM			2	IJS		Novice Women SP	
115	6:50 PM	7:15 PM	5	1	4	IJS		Intermediate Women SP	
116	7:15 PM	7:20 PM			2	CJS		TOI Open CE	
117	7:20 PM	7:25 PM			1	CJS		TOI Adult CE	
118	7:25 PM	7:30 PM			1	CJS		Compete USA Production Ensemble	
119	7:30 PM	7:50 PM			1	CJS		Production Ensemble	
	8:00 PM							End of Friday Events	

								Saturday	
	8:00 AM							Practice	
	8:20 AM							Practice	

	8:40 AM						Resurface
	8:55 AM						Anthem
201	9:00 AM		5	1	3	IJS	WB Juvenile Girls
202		9:25 AM			1	IJS	WB Juvenile Boys
203	9:25 AM	9:55 AM	5	1	5	IJS	Excel Juvenile Girls
204	9:55 AM	10:25 AM	5	1	3	IJS	Excel Juvenile Plus Girls
205	10:25 AM		4	1	3	6.0	Aspire 1 Mixed A
206		10:45 AM			4	6.0	Aspire 1 Girls B
207	10:45 AM		5	1	1	IJS	WB Pre-Juvenile Girls
208		11:05 AM			3	IJS	WB Pre-Preliminary Girls
209	11:05 AM		5	1	1	IJS	Excel Pre-Juvenile Plus Boys
210		11:25 AM			2	IJS	Excel Pre-Preliminary Boys
211	11:25 AM	11:40 AM	4	1	4	6.0	Aspire 1 Girls C
212	11:40 AM		4	1	4	6.0	Aspire 1 Girls D
213		12:00 PM			4	6.0	Aspire 1 Girls E
	12:00 PM						Practice
	12:20 PM						Resurface
214	12:35 PM	1:20 PM	6	2	7	IJS	Excel Intermediate Plus Women FS
215	1:20 PM		4	1	4	6.0	Aspire 2 Girls A
216		1:40 PM			4	6.0	Aspire 2 Girls B
217	1:40 PM		6	1	1	IJS	Adult Gold FS
218		2:00 PM			1	IJS	Adult Silver FS
219	2:00 PM		5	1	2	6.0	Adult High Beginner FS
220		2:10 PM			1	6.0	Adult 6 FS
221	2:10 PM		4		4	6.0	Aspire 2 Girls C
222		2:30 PM			4	6.0	Aspire 2 Girls D
	2:30 PM						Practice
	2:50 PM						Resurface
223	3:05 PM		6	1	1	IJS	Excel Senior Women FS
224				1	2	IJS	Excel Junior Women FS
225		3:35 PM		1	1	IJS	Excel Novice Men FS
226	3:35 PM		4	1	3	6.0	Aspire 3 Girls A
227		3:55 PM			3	6.0	Aspire 3 Girls B
228	3:55 PM	4:50 PM	6	2	8	IJS	Excel Novice Women FS
229	4:50 PM		6	1	1	IJS	WB Intermediate Women FS
230		5:10 PM			2	IJS	Excel Intermediate Women FS
231	5:10 PM		4		4	6.0	Aspire 3 Girls C
232		5:30 PM			4	6.0	Aspire 3 Girls D
	5:30 PM						TOI Practices
	5:50 PM						Resurface
234	6:05 PM	6:15 PM			1	CJS	Preliminary TOI FS
235	6:15 PM	6:25 PM			1	CJS	Juvenile TOI FS
236	6:25 PM	6:25 PM			1	CJS	Junior TOI FS
	6:35 PM						TOI Practice

	6:45 PM						Resurface
237	7:00 PM	7:40 PM			4	CJS	TOI Open Free Skate
	8:00 PM						End of Saturday Events

							Sunday
	8:00 AM						Practice
	8:20 AM						Practice
	8:40 AM						Resurface
	8:55 AM						Anthem
301	9:00 AM	9:30	5	1	6	IJS	Excel Pre-Juvenile Plus Girls A
302	9:30 AM	10:00	5	1	6	IJS	Excel Pre-Juvenile Plus Girls B
303	10:00 AM	10:20 AM			3	CJS	Mini Ensembles
	10:20 AM						Practice
	10:40 AM						Resurface
304	10:55 AM		3	1	1		Basic 3 Girls Program
305		11:05 AM			3		Basic 5 Mixed Program
306	11:05 AM		3	1	3		Basic 4 Girls Program A
307		11:20 AM	3		4		Basic 4 Mixed Program B
308	11:20 AM		3	1	4		Basic 6 Girls Program A
309		11:45 AM			4		Basic 6 Girls Program B
310	11:45 AM		3	1	2		Preliminary Girls Compulsory
311		11:55 AM			2		Pre-Preliminary Girls Compulsory
	11:55 AM						Practice
	12:10 PM						Resurface
312	12:25 PM		4	1	1	CJS	Adult Bronze Emotional Performance
313					1	CJS	Adult Comp USA Emotional Performance
314		12:35 PM			1	CJS	Adult Comp USA Lyrical Pop
315	12:35 PM		3		3	CJS	Aspire Emotional Performance
316		12:50 PM			1	CJS	No-Test Emotional Performance
317	12:50 PM		3		1	CJS	Preliminary Lyrical Pop
318		1:00 PM			1	CJS	Junior Emotional Performance
319	1:00 PM		3		1	CJS	Aspire Lyr Pop/Char/Com
320		1:10 PM			1	CJS	Aspire Duets
321	1:10 PM		3		1	CJS	High Beginner Character Performance
322					1	CJS	Pre-Preliminary Character Performance
323					1	CJS	Preliminary Character Performance
324		1:25 PM			1	CJS	Inflatables
325	1:25 PM		3		1		Pre-Preliminary Interpretive
326		1:40 PM			1		Aspire Interpretive
327	1:40 PM	1:50 PM			1		Low Team Maneuvers
328	1:50 PM	2:00 PM			1		Intermediate Team Maneuvers
329	2:00 PM	2:10 PM			1		High Team Maneuvers

